

Town Hall Forum

Stimulation, Structure & Routine

How to Create Successful Caregiving Strategies at Home

Join us as we spend the morning with medical experts from the ActivCare® and The George G. Glenner Alzheimer's Family Centers Medical Advisory Boards.

Alzheimer's Disease and related dementias have a profound impact on the family. Join us for a morning session with Alzheimer's Disease experts and learn how to empower and protect yourself and your loved one.

When: Thursday, January 27, 2011
8:30 am – 12:30 pm
Continental Breakfast: 8:30 am

Where: Lake San Marcos Resort
Conference Center
1025 La Bonita Drive
San Marcos, CA 92078

***See directions on reverse side**

Medical Professionals

Dr. Alan Berkowitz - *Psychiatrist specializing in Geriatric Medicine*

Dr. Neil Levine - *Board Certified Internist*

Norma Brownell, LVN - *ActivCare® Executive Director*

Dawn Carnerie-DeStefani - *BSW, Glenner Adult Day Care Center Manager/Social Worker*

- ◆ **The importance of structure and routine in the life of your loved one with Alzheimer's Disease**
- ◆ **Changes in behaviors and triggers to avoid**
- ◆ **Meaningful and stimulating activities for the different stages of Alzheimer's Disease**
- ◆ **The Adult Day Care Model – why it works so well**

Free adult day care during the event offered at The George G. Glenner Alzheimer's Family Centers. Reservations required one week prior to the event. Please call our Encinitas Center at (760) 635-1895.



Presented by:

ACTIVCARE®
RESIDENTIAL ALZHEIMER'S CARE

and



*The George G. Glenner
Alzheimer's Family Centers, Inc.®*

with support from



Southern Caregiver Resource Center
Caring for those who care for others

and

AARP™

**To RSVP, please call
Health Care Group at
(858) 565-4424**

Lake San Marcos Resort Conference Center

From I-5: Go East on Palomar Airport Road, turn right at Rancho Santa Fe Road, turn left on Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with “Conference Center” displayed on the building.

From I-15: Go West on Highway 78 to San Marcos Blvd. Turn left on San Marcos Blvd., left on Rancho Santa Fe Road, and left at Lake San Marcos Drive, left on San Marino Drive, right on La Bonita Drive, follow the road until the road curves around the front of a large building with “Conference Center” displayed on the building.